



Body Talk Coaching



*Research proves that only 7% of communication is words.
The other 93% is: 55% Body language & 38% Tone of voice.*



Mastering body language and tone of voice is essential if you want to improve your presentations, negotiations, sales-skills and everyday life. We will show you how to look and feel more confident, be more authoritative and charismatic, and how to communicate more successfully.

Our 90 Minute Master Class is entertaining, educational and eye-opening! Our coach(es) will guide you through essential communication skills, body language techniques and coaching. Competitions and body language exercises are undertaken to ensure that everybody gets involved (complete with optional handouts).

The master class will include how to...

- Make whatever you say more convincing and memorable, so that clients and staff feel motivated and ready to act on your ideas.
- Present yourself with gravitas in meetings of any size, getting clients to 'buy in' to your ideas and ensuring you excel in the key moments of business, especially when under pressure.
- Master your personal impact on clients and staff, giving you more effective work relationships.
- Maximise your influence and authority, to make sure you deliver compelling presentations and team meetings, leaving a positive, lasting impression on your staff and clients.

Our team have used these techniques to coach the British Parliament, celebrities and global organisations, so you can be assured we will give you the very best results with this innovative and enjoyable workshop.

You will walk away from this session with:

- **Authority** to lead and motivate your team on key projects.
- **Charisma** to get 'buy in' on key issues, in small or large meetings.
- **Gravitas** to give your ideas power and influence in the boardroom.
- **Presence** to win respect and cooperation, even during conference calls.
- **Confidence** to present persuasively in front of any audience.
- **Motivation** and Self Belief to put your new found skills into practice every day.

To date, BodyTalk have trained over 50,000 people in over 46 countries.

Notes

Cost: POA

Activity Duration: From 90 minute session - full day workshop

Guest Numbers: Suitable for unlimited attendees

[CLICK HERE FOR VIDEO](#)

Why Firebird Events?

- Our fantastic team are creative, knowledgeable, experienced, friendly and fun. Thanks to our drive, dedication and attention to detail, we will deliver you an unforgettable event experience.
- We listen. We can provide you with great ideas, bespoke solutions and reliable service, helping you to create an event which suits *your* needs and objectives.
- Well established within the industry since 2000, our reputation and fantastic relationships have enabled us to work with an array of clients, including many large corporations and top UK venues, time and time again.
- We can provide everything from a single activity, to an entirely produced event, providing first class team building days and corporate events.
- Our hard work has been recognised within the event industry, winning awards in the category of “Best Event Provider” at the M&IT industry awards – silver in 2018, bronze in 2019 and silver in 2020.
- Firebird Events are covered by a minimum of £1 million Public Liability Insurance.

Notes

- All prices are subject to VAT at the current rate.
- All prices are subject to availability.
- Prices may be subject to change.
- All prices where an event set up fee is stated are subject to the relevant per head fee on top.
- Some services or items may be subject to minimum order fee.
- Prices may be subject to travel and accommodation charges.
- Full payment will be due 30 days prior to event date (unless a credit account has been agreed in advance).
- Soft or hot drinks (weather dependent) should be provided for our team throughout the duration of the event.
- Depending on length of the event, hot food may be required for the team.

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