



Learn The Art Of Fencing



FIREBIRD EVENTS LTD, UNIT 3 NIMBUS BUSINESS PARK, HERCULES WAY, FARNBOROUGH, HAMPSHIRE, GU14 6UU

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LEARN THE ART OF FENCING

Disciplined and physically, intellectually and emotionally stimulating, Fencing is famed for its strict code of honour and chivalry. From Caravaggio to Byron and Marx, Churchill to Will Smith, Tom Cruise to Madonna and Paul Rudd; many famous names have embraced the art. Team dynamics can be improved with just a few of hours of intense swashbuckling!

Fencing teaches you how to cope under pressure, develops anticipation, timing and concentration – qualities that can build confidence and self-awareness. As well as training your body and mind, it's also incredible fun and a fantastic team building experience.

Our workshop includes:

- A brief history of fencing with a demonstration - using original weapons.
- Fencing Footwork, including stretching exercises and games.
- Bladework: thrusts and cuts, parries and deceives.
- Rules and etiquette of a fencing bout.
- The Tournament: An individual or team event with a Grand Final!

Costs

05 - 10 People:	£POA
11 - 20 People:	£POA
21 - 30 People:	£POA
31 - 40 People:	£POA
41 - 50 People:	£POA
51 - 60 People:	£POA
61 - 70 People:	£POA
71 - 100 People:	£POA

Notes

Guest numbers: 5 – 100 people

Activity duration: 2 hours (outdoors or indoors, if indoors we need a ceiling height of 3m)

Your requirements: Anyone aged 16 and over and we advise that you wear casual clothing and trainers.

What is included: Health and safety risk assessment, experienced fencing instructor/s (Members of British Fencing Assoc.) All necessary fencing and safety equipment.

[CLICK HERE FOR VIDEO](#)



Why Firebird Events?

- Our fantastic team are creative, knowledgeable, experienced, friendly and fun. Thanks to our drive, dedication and attention to detail, we will deliver you an unforgettable event experience.
- We listen. We can provide you with great ideas, bespoke solutions and reliable service, helping you to create an event which suits *your* needs and objectives.
- Well established within the industry since 2000, our reputation and fantastic relationships have enabled us to work with an array of clients, including many large corporations and top UK venues, time and time again.
- We can provide everything from a single activity, to an entirely produced event, providing first class team building days and corporate events.
- Our hard work has been recognised within the event industry, winning awards in the category of “Best Event Provider” at the M&IT industry awards – silver in 2018, bronze in 2019 and silver in 2020.
- Firebird Events are covered by a minimum of £1 million Public Liability Insurance.

Notes

- All prices are subject to VAT at the current rate.
- All prices are subject to availability.
- Prices may be subject to change.
- All prices where an event set up fee is stated are subject to the relevant per head fee on top.
- Some services or items may be subject to minimum order fee.
- Prices may be subject to travel and accommodation charges.
- Full payment will be due 30 days prior to event date (unless a credit account has been agreed in advance).
- Soft or hot drinks (weather dependent) should be provided for our team throughout the duration of the event.
- Depending on length of the event, hot food may be required for the team.

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