



Rock School



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ROCK POWER HOUR

ONE HOUR ROCK BAND REHEARSAL

Team Rock Power Hour is a high-energy, headphones-based team experience that transforms your workplace, or meeting into a live band rehearsal - delivering an unforgettable, music-fuelled experience! With no musical experience needed, your team will learn to play and jam a classic rock track together in just one hour - collaborating, connecting and having lots of fun!



HOW IT WORKS...

Before The Day

Choose your instrument - guitar, drums, bass or vocals (no experience required!)
Form a band - groups of 4-7 per band and pick a track to learn from our team rock set list.

On The Day

Our facilitators bring along and set up all instruments and equipment.
First 30 minutes - each participant learns their part using our intuitive, tablet based tuition videos.
Final 30 mins - Bands jam their chosen track together with guidance from our expert facilitators.
Finale – Prizes will be awarded for 'The Most Flamboyant Rehearsal'.

Note: Although Team Rock is designed for non-musicians, if you already play, you can bring your guitar or bass along if you wish.

Notes

Activity duration: 1 hour

Guest numbers: 6 – 49 people

Team sizes: 4 – 7 per team

Set up time: 1 - 2 hours depending guest numbers and 1 hour removal

Space required: 2.5m x 2.5m per team, but we can be flexible

What is included: Professional musician(s), instruments, audio system and lots of fun

[**VIDEO CLICK HERE**](#)

Why Firebird Events?

- Our fantastic team are creative, knowledgeable, experienced, friendly and fun. Thanks to our drive, dedication and attention to detail, we will deliver you an unforgettable event experience.
- We listen. We can provide you with great ideas, bespoke solutions and reliable service, helping you to create an event which suits *your* needs and objectives.
- Well established within the industry since 2000, our reputation and fantastic relationships have enabled us to work with an array of clients, including many large corporations and top UK venues, time and time again.
- We can provide everything from a single activity, to an entirely produced event, providing first class team building days and corporate events.
- Our hard work has been recognised within the event industry, winning awards in the category of “Best Event Provider” at the M&IT industry awards – silver in 2018, bronze in 2019 and silver in 2020.
- Firebird Events are covered by a minimum of £1 million Public Liability Insurance.

Notes

- All prices are subject to VAT at the current rate.
- All prices are subject to availability.
- Prices may be subject to change.
- All prices where an event set up fee is stated are subject to the relevant per head fee on top.
- Some services or items may be subject to minimum order fee.
- Prices may be subject to travel and accommodation charges.
- Full payment will be due 30 days prior to event date (unless a credit account has been agreed in advance).
- Soft or hot drinks (weather dependent) should be provided for our team throughout the duration of the event.
- Depending on length of the event, hot food may be required for the team.

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